

COSMETIC BONDING

Congratulations on completing this cosmetic bonding procedure to help improve your smile. The expected average longevity of this treatment is 5-7 years, although many people have experienced longer success. To ensure long term success, try to adhere to the following principles:

- 1) Brush and floss daily. Plaque must be removed. When flossing, pull the floss between the teeth instead of pulling up or down.
- 2) Do not chew on ice or bite your fingernails, the force can crack the bonding.
- 3) To prevent staining, avoid or keep to a minimum: coffee, tea, cola, grape juice, red wine, blueberries, cherries and smoking.
- 4) To avoid the possibility of a fracture, avoid biting these foods directly with your front teeth: hard candy, carrots, hard bread, ribs and other meats with bones.
- 5) Have a professional cleaning by your dental hygienist two to four times a year.

Warranty: Any repairs and/or replacement needed within 1 year will be done at no charge, excluding accidental trauma or abuse.

PLEASE FEEL FREE TO CALL IF YOU HAVE ANY QUESTIONS OR CONCERNS.

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