

## Caring For Your Dentures or Partial Dentures

- Sore spots may develop over the next few days as you get used to your new denture. Please contact our office for follow-up care and adjustment of the denture to relieve these sore spots.
- Always use finger pressure to insert the denture or partial. Never bite a partial denture into place. If it is not lined up correctly, biting the partial into place may bend the clasp arms.
- The clasps of a partial denture can loosen with use as they slide on and off the abutment (anchor) teeth. The clasps can also bend if the denture is inserted wrong causing you to force the clasps onto the teeth, or if the partial is dropped. Please call us to help you adjust the clasps. Do not try to bend the clasps yourself, as you may break them.
- Use a denture brush to clean your dentures with liquid hand soap or dish soap. Toothpaste contains abrasives which can scratch the denture acrylic. You can soak your dentures in warm water with a denture tablet to freshen them. You can splash mouth rinse on the dentures to freshen them as well, but don't soak them in mouth rinse, as it can stain the teeth.
- Denture and partials can be very slippery when you are cleaning them. They are also fragile, and dropping them may cause breakage. Carefully clean your denture over a sink filled half way with water or over a washcloth or towel. This will help soften the landing if the denture is dropped accidentally.
- Remove your denture or partial each night to allow the gum tissue to breath. Inflammation can develop if the denture is left in every night.
- Over time your gum tissue and underlying bone may shrink or change shape. If your dentures begin to feel loose, you may need to have the underside relined. This relined surface will fit the changed gum tissue better.
- If you have any questions or concerns, please call our office!

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